

EVENT INFORMATION

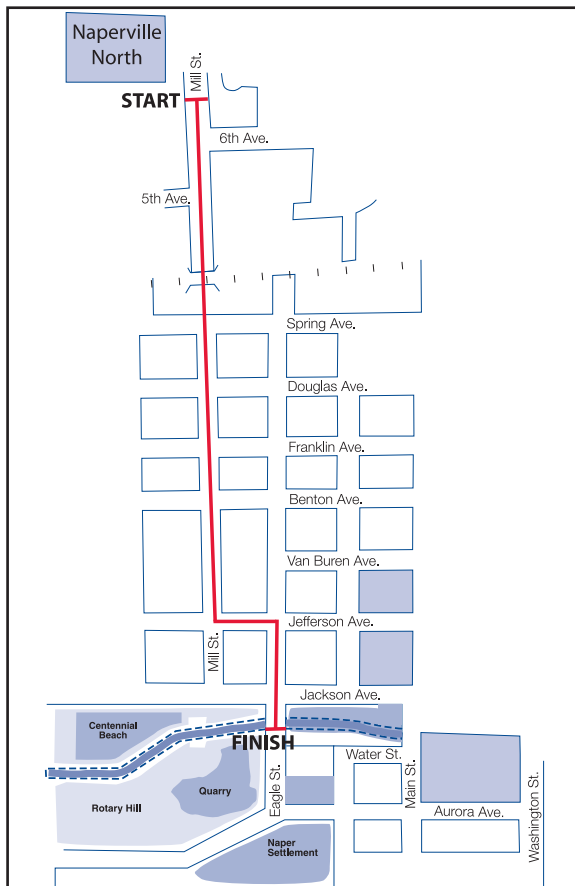
RACE INFORMATION

The race will be held on Labor Day morning, September 7, 2009 at 9:30 a.m. The race will begin on Mill Street adjacent to Naperville North High School and end on the Eagle Street bridge next to the Naperville Municipal Center.

No dogs or strollers allowed in the race.

COURSE INFORMATION

The course is mostly downhill and fast as it follows most of the parade route through downtown Naperville.



AWARDS

Top 3 overall male and female runners and the top male and female masters runners will receive a cash prize. Age group winners will be awarded in the following categories: 6 & under, 7-8, 9-10, 11-12, 13-14, 15-19, 20-29, 30-39, 40-49, 50-59, 60-69, 70 & older. Overall male and female winners are removed from the age categories.



Naperville Jaycees

Last Fling

P.O. Box 2372

Naperville, IL 60567-2372

Naperville Jaycees **Fling Mile**

Pre-Parade Run
on the Route in
Downtown
Naperville



@ the Last Fling
Monday 9/7, 2009
9:30 a.m.

**NAPERVILLE
RUNNING CO.**



Naperville North
Race day sign in / packet pick up
8:00 to 9:00
Race Start - 9:30 a.m.



The Naperville Jaycees are dedicated to helping the community. From the Holiday Food Basket Program to the Last Fling, the Naperville Jaycees contribute by volunteering time, fundraising, helping others, and recognizing the outstanding efforts of people within the Naperville community.

Our members, 18-40, are very successful fundraisers. The Last Fling is the largest fundraising event that we run. All of our fundraising events collect money that we donate to other groups and organizations within the community. We live by our motto, "Personal Development Through Community Service."

The Naperville Jaycees meets the second Tuesday of each month, at 7:30 p.m. in the VFW Hall on Jackson Street. We would love to have you join us!

Naperville Jaycees have raised and distributed over \$1,000,000 to charitable organizations.

(630) 961-9375
www.naperjaycees.org
www.lastfling.org

REGISTRATION INFORMATION

ON-LINE PRE-REGISTRATION

Pre-registration fee on-line by 9/2: \$15
For easy, secure pre-registration, use your credit card on-line at www.active.com by 11:59 p.m. Wednesday, September 2, 2009.

PRE-REGISTRATION BY MAIL

Pre-registration fee by mail: \$15
Complete the registration form and send your check for \$15 (postmarked by August 31, 2009) to Naperville Jaycees Fling Mile, P.O. Box 2372, Naperville, IL 60567-2372. Packets will not be mailed out. Pre-registrants will be able to pick up their packets on race day at the registration area.

RACE DAY REGISTRATION

Race day registration fee: \$20
Registration will be held on the day of the race from 8:00 - 9:00 a.m. in the Naperville North Parking Lot. Packets will be available for pick up at the registration table.

PARKING

Parking available near the start of the race at Naperville North High School and near the finish at Naperville Central High School and the Naperville Municipal Center. It is recommended that you park near the finish as the parade will begin immediately following the race.

T-SHIRTS

The first 200 registered runners will receive a t-shirt.

THANK YOU SPONSORS!

NAPERVILLE
RUNNING CO. 



Fling Mile Registration Form

Cost: \$15 (\$20 after 8/31) Make checks payable to Naperville Jaycees - Fling Mile

Mail to: Naperville Jaycees, PO Box 2372, Naperville, IL 60567-2372

Name _____ Phone _____

Address _____ City/State _____ Zip _____

Birth Date _____ Age _____ Male _____ Female _____

Adult T-Shirt Size _____

Payment: Check _____ Check# _____ Cash _____

A physical examination is not required to run in this event, however, all competitors participate at their own risk. If in doubt as to your physical condition to engage in an event as strenuous as a 1 mile run, it is strongly recommended that you seek the advice of a competent physician. All persons under 18 years of age MUST have written consent from their parent or legal guardian to compete in the above-mentioned event. In consideration of this entry, I hereby, for myself, my heirs, executors and administrators waive any and all rights to damages I may have against the Naperville Jaycees, City of Naperville, Naperville Park District, County of DuPage, individuals associated with this event, their representatives, successors and sponsors for any and all injuries including, but not limited to, pre-race, race and post-race activities. No refunds. Race will take place rain or shine.

Signature (Applicant) _____ Date _____

The undersigned parent or legal guardian hereby consents to the applicant's participation and waives and releases all rights and claims as is set forth above.

Signature (Parent/Legal Guardian) _____ Date _____